

WHEATGRASS JUICE



What Is Wheatgrass Juice?

Wheatgrass juice is powerful raw, living food. The grass itself comes from the common wheat plant (species *triticum aestivum*) when it is young, vibrant and full of rich green chlorophyll.

Wheatgrass is harvested when the grass reaches its nutritional peak. This is just before the jointing stage, when the plant is between 7 and 11 inches tall. At this point, it has accumulated energy which will soon power a massive growth spurt. This energy is captured in the juice.

When wheatgrass is juiced, it is immediately flash frozen which maintains the life force without compromise. This allows you to benefit from its broad spectrum of antioxidants, amino acids, vitamins, minerals, essential fatty acids and enzymes when best for you.



The Best Is Grown Outdoors

Wheatgrass needs to be grown outdoors in order to reach its full potential. The right environment dramatically enhances the development of the plant and the benefits of natural air, rain, sun and soil are clear when you taste the juice.

The advantages of outdoor grown wheatgrass vs indoor / greenhouse grown wheatgrass are:

- ✓ Root system grows 6x deeper
- ✓ Growth cycle is 10x longer
- ✓ Chlorophyll levels are 50% higher
- ✓ Simple sugars are eliminated
- ✓ There are no detectable molds
- ✓ The juice tastes dramatically better

The Benefits

"Wheatgrass is literally condensed sunlight energy. It is one of the most potent healing agents on the planet."

Steve Meyerowitz, *Wheatgrass Nature's Finest Medicine*



Wheatgrass requires 50 times more pressure to juice than other fruits and vegetables. This force pulverizes the cellular structures and expresses out miniscule nutritional elements which are easy for the body to assimilate.

With high quality wheatgrass juice, your body may produce spectacular results such as:

- ★ A physical and mental sense of well-being
- ★ More energy and better sleep
- ★ Stronger immune system
- ★ Detoxification on a cellular level
- ★ Reduced inflammation in the entire body
- ★ Strong bones and smooth joint function
- ★ It produces results you can see in live blood cell analysis such as the unclumping of oxygen-carrying red blood cells



How Much Juice Should I Use?

Each juice cube is 0.5 fl. oz.
For supplemental nutrition use:

- 1 - 2 fl. ozs. / day under 40 years of age
- 2 - 4 fl. ozs. / day over 40 years of age

There is no limit to how much juice you can use and you may find that you prefer more.

Those trying to affect a major change should start with 10 fl. ozs. per day for 60 days. Be a careful observer and economize appropriately over time.

<http://www.dynamicgreens.com/protocol>





Balance Your Body Chemistry

When pH Balanced ➔ The Body Performs Optimally

Everyone needs to maintain their pH balance for vibrant health. Most of us develop an acidic body chemistry over time which leads to many problems. We need alkalizing foods to restore pH balance.

Wheatgrass juice is a powerful alkalizer. You can also help the process along at the grocery store by replacing acidifying foods in your diet with alkalizing foods. Find out more here:

<http://www.dynamicgreens.com/alkalize>

CAUTION

Get The Right Stuff!

DynamicGreens Wheatgrass juice is superb and our 35+ years of experience shows in the quality of the juice, the good taste, how impactful it can be and how easy it is for every member of the family to enjoy it including children, pregnant women and nursing mothers.

Avoid Indoor Grown Grasses

Molds often contaminate wheatgrass when grown in indoor / greenhouse environments. The molds release mycotoxins which have a terrible taste and cause side-effects such as dizziness, nausea, headaches and purging.

Avoid Raw & Living Food Pretenders

Having a living format is critical. While tablets, powders, and pasteurized green drinks often list the right ingredients, the wrong format means they only provide a fraction of the benefits.

Grass Allergies

Sorry. If you are allergic to grass, wheatgrass juice is not for you.

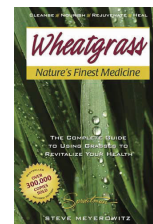
Wheat Gluten Allergies

Good news! There is no gluten in our juice and you can use it with confidence.



Educational Resources

Wheatgrass
Nature's Finest Medicine
by Steve Meyerowitz



Published Research

Look to Medscape.com, PubMed.org or GoogleScholar.com for more information.

Use the search terms wheatgrass, wheat grass and chlorophyll.

Health Retreats


- Optimum Health Institute
- Creative Health Institute
- Hippocrates Health Institute

Wheatgrass Juice Prices

Pickup At The Farm

Please call Tom on his mobile phone at 905-960-7298 or 1-877-910-0467 to arrange a pickup.

View Map @ <http://www.dynamicgreens.com/map>



Package	Weight	Price/Oz	Total
100 FL OZ	15 lbs	1.60	\$160
200 FL OZ	25 lbs	1.45	\$290
300 FL OZ	37 lbs	1.40	\$420
400 FL OZ	46 lbs	1.35	\$540
600 FL OZ	74 lbs (2x37 lbs)	1.30	\$780

Order @ <http://www.dynamicgreens.com/pickup>

Delivered Overnight By Courier

Package	Weight	Price/Oz	Total
100 FL OZ	15 lbs	1.89	\$189
200 FL OZ	25 lbs	1.65	\$329
300 FL OZ	37 lbs	1.53	\$459
400 FL OZ	46 lbs	1.45	\$579
600 FL OZ	74 lbs (2x37 lbs)	1.40	\$839

Order @ <http://www.dynamicgreens.com/delivery>

DynamicGreens[®]
the wheatgrass juice experts™



CONTACT US! WE WELCOME YOUR QUESTIONS.

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